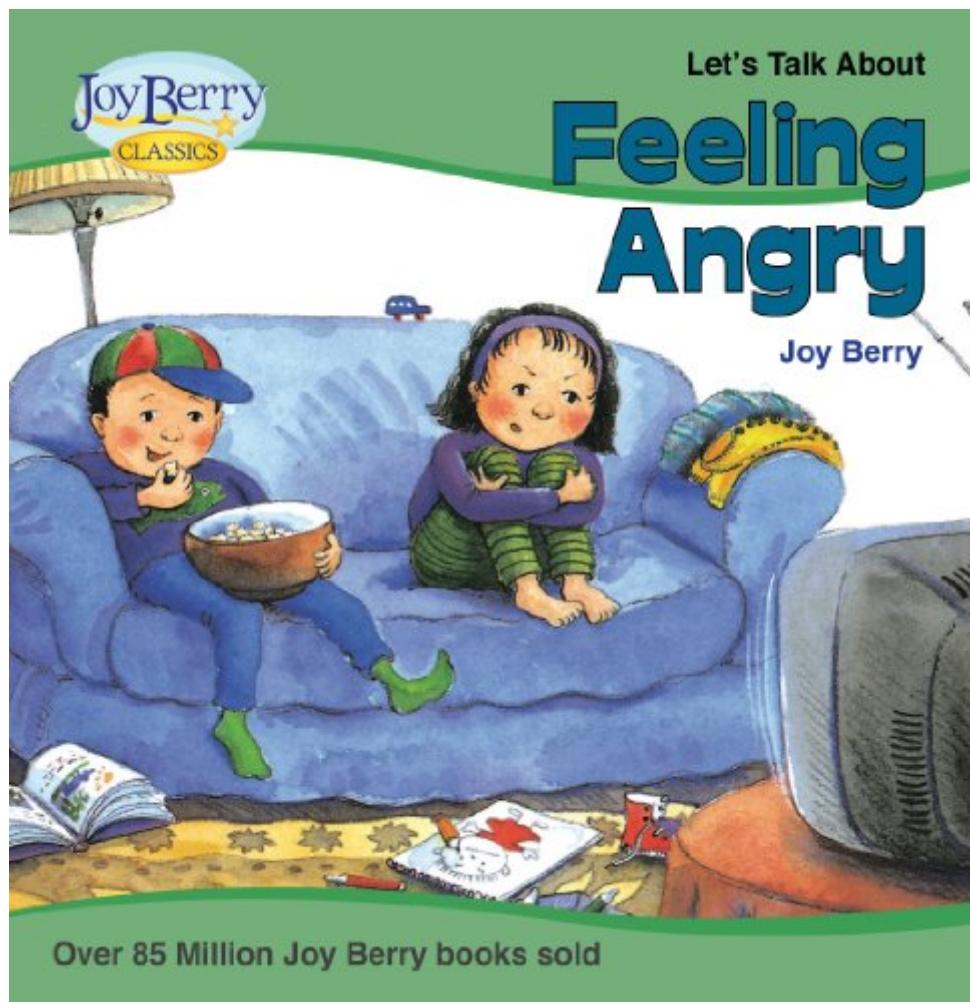


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# Let's Talk About Feeling Angry (Let's Talk About Book 1)



## **Synopsis**

Brand New 2013 Edition. Ages 3-6 "Let's Talk About Feeling Angry" (Let's Talk About series) helps children understand and manage the difficult emotion of anger. Joy Berry's down-to-earth approach shows children real ways to handle their anger in different situations. Like all of Joy Berry's books, "Let's Talk About Feeling Angry" speaks directly to the child and acts as a problem-solving resource for parents and caregivers. The book is filled with full-color illustrations and simple text that make the sometimes-difficult information easy to take in.

## **Book Information**

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## **Customer Reviews**

I found this book and the whole "Let's Talk About" series an excellent way to teach my daughter (2 1/2 y.o.) how to express her feelings. I like the fact that the characters are real kids, not silly animals or Disney characters. The drawings are great for showing kids how to express anger, their confusion about feelings, and how to feel better afterwards. It's definitely worked wonders for my daughter.

Considering that the audience I was attempting to target were kids who already yell, scream, cry

and hit when they are angry, this book is not very helpful. It suggests that I teach them how to yell in quiet places (which is not possible in a school setting, and not all kids have or should have that freedom to go outside independently to not bother anyone while they scream, and who really screams or hits a pillow when they are angry anyway? Its not that functional). The book really does have great illustrations, yet the wording focuses on everything that a child SHOULDNT do. Since all the picture vividly illustrate the negative behaviors the child SHOULDN'T do, the wording should have focused more on expressing what TO DO when angry and HOW to "calm down". There was one good piece of advice regarding how to address a problem when the person who is getting you angry does not listen to you. I just expected this book to give more and better examples of socially acceptable ways to deal with anger. Despite this, the illustrations are great as I feel that a lot of kids could relate to them whether they are the brother or the sister.

This book is labeled for 3-6 year olds, but was just what my 8 year old needed. The pictures are beautifully done, and the text is simple and to the point. It validates the child's feelings and offers the non-destructive ways to let your anger out. Highly recommend to anyone with kids. 5 stars from mine!

Children can really relate with the book's message. I recommend this to parents. The illustrations help a lot to make children comprehend well what/how it is to be angry, and what are the things that can be done that are HELPFUL/acceptable when anger strikes. Practical and easy to understand. In fact, I gave this to a friend who has a boy w/ a short temper. After a couple of days, I received a call from her and she was very grateful that they got this book. According to her, her boy starts to recognize when he feels angry and is learning what to do with it after they read the book a couple of times.

excellent book for opening a dialog with children about recognizing when they are feeling angry and dealing with anger in positive ways. the illustrations are outstanding. the story is centered around a little girl named Maria. sometimes Maria feels angry. it's no coincidence that Maria's antagonistic little brother seems to always be nearby when Maria's angry feelings surface. Feeling Angry first shows some typical examples of situations where a child may feel angry. next, some examples of how not to react to anger are presented. finally, some positive ways of dealing with anger are discussed. love that the book is not written to shame the child for feeling angry. instead the focus is on recognizing anger, dealing with it appropriately, and moving on. great job!

I like the idea of this book but am really disappointed in what is written in it. I literally took a marker and scratched out some of the content and replaced it. I bought it for a 6 year old and it says it is okay to yell, scream and hit something soft when you are angry. None of those things are okay with me. It also says you should get away by going outside when you are angry to calm down. Going in another room is fine but I don't really want my child leaving the house and wandering off by herself if she gets upset. It also shows a little boy saying "you dummy" to his sister. I don't think that is necessary. Finally there is actually a page that instructs kids not to "bother anyone" when they are upset. What a negative message this comment sends to children! How about suggesting the approach an adult that they trust to talk with him/her instead of telling them that they are a bother. In theory this book is a great idea but the execution leaves a great deal to be desired.

Definitely NOT what I was expecting. This book encourages children to take their anger out by throwing things and by punching things. It says not to do it to things that they would hurt...but I believe that there are MUCH better ways of dealing with anger and that this is only a bad influence. I was not at all pleased. More disgusted. Some people might like it but this was totally inappropriate in my way of thinking.

I so much appreciate the free offer for a short time on so many of this authors books. I love them! As a school counselor we purchase so many of our items out of our own budget. To have this free offer, was so wonderful!!! Thank you Thanks, I almost have all the books by this author. Love them!

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